



Australian
Air League

NEW SOUTH WALES GROUP

presents the ...



2024 ATHLETICS CARNIVAL

Sunday 24TH of November 2024

Peel Reserve

22 Alkoomie st, The PONDS

AUSTRALIAN AIR LEAGUE

2024 New South Wales Group Athletics Carnival

The annual athletics carnival is on again!! With the review for the year over, this is a great opportunity to attend the athletics carnival, without the pressure of having to prepare for other air league events.

If your squadron is based in the Sydney metro area and has not attended the athletic carnival in recent years, we strongly urge you to make a concerted effort for your squadron to attend and enjoy the day. We encourage friendly competition and a chance to mix with other squadrons within NSW Group.

We look forward to seeing you, your members and parents there!

If your squadron is intending to complete, please complete and forward the **Intention to Complete form on page 5**.

This is a *fun* carnival – a great opportunity to have some fun and socialize with other members of the Group.

Please Note! All participating Squadrons are required to bring their own Marquees / Gazebos and chairs on the day as there are no such facilities at this venue.

Also, it is highly recommended that all members bring their own food and water to this event. NSW Group will only be providing bottled water for the day.

Please refer to Appendix B at the end of this document for directions to nearby shops.

This Event is a Non-Smoking Event.

DETAILS AS FOLLOWS:

Date: Sunday 24th November 2024

Schedule:	0830 hours	Grounds open
	0900 hours	Judges Briefing
	0915 hours	Team captains briefing
	0930 hours	First event commences (sharp!)

Venue: Peel Reserve.
22 Alkoomie St, The Ponds
NSW 2769

Refer to Appendix A & B for more information.

1.0 Qualifications for Competitors

- 1.1 **All competitors MUST be current financial members except for parents or committee members.**
- 1.2 If you wish to compete, you must have your **member ID card** with you when registering for events.
- 1.3 All age events are for the age you are **on the day** – i.e. 24th November 2024. We rely on teams' honesty and sense of fair play when entering competitors in events. The chief judge on the day however has the right to ask for proof age where deemed necessary.

2.0 Events

2.1 Track

2.1.1 50, 100 and 200 Metre Races

- 2.1.1.1 All races are age events – squadrons may enter any number of competitors.
- 2.1.1.2 All members must compete within their age group – competitors may not compete in events higher than their age group
- 2.1.1.3 Open events are for members 17 years and over **ONLY**.

2.1.2 400 and 800 Metre Races

- 2.1.2.1 All races are grouped age events – squadrons may enter a maximum of **two (2) members per age group regardless of gender. (1 male + 1 female or 2 male or 2 female)**
- 2.1.2.2 Members may compete in events higher than their age – however all competitors are only allowed to compete in one 400 metre race and one 800 metre race in total.

2.1.3 Relays

- 2.1.3.1 Relay teams may be multiple squadrons – points where earned will be split evenly between squadrons, regardless of the number of competitors a squadron contributes to the relay team.
- 2.1.3.2 Competitors may compete in older age relays; however, all competitors are only allowed to compete in one relay in total.
- 2.1.3.3 Composite squadrons are allowed to enter a relay team of mixed gender; however, they will be competing within the Male Races.
- 2.1.3.2 **Each squadron can only enter ONE (1) relay team per age group regardless of gender.**

2.2 Field

2.2.1 Long Jump

- 2.2.1.1 Squadrons may enter a maximum of **two (2) members per age group regardless of gender. I.e.. (1 male + 1 female or 2 male or 2 female).**
- 2.2.1.2 Competitors may compete in older age events; however, all competitors are only allowed to compete in one event in total.

2.3 Tug-O-War

- 2.3.1 Teams consist of six **UNIFORMED** (i.e. no parents/committee members).
- 2.3.2 Teams must consist of the following age groups:
 - Two** 8 - 13 years
 - Two** 14- 16 years **Two**
 - 17 + years
- 2.3.3 **No aids allowed for this event** – e.g. boots, gloves or belts, or other accessories/clothing which the Tug-O-War judge deems to be inappropriate.

2.3.4 Each squadron is only allowed enter ONE (1) team per age group

ANY QUESTIONS REGARDING THIS COMPETITION ARE TO BE REFERRED TO THE GROUP FIELD OFFICER, PRIOR TO THE EVENT. NO EXCEPTIONS. Any teams found to be in breach of the rules for this competition will be DISQUALIFIED.

3.0 Point Scores

3.1 Heats will be held, where necessary, for each track event. The six fastest times *overall* will be awarded points.

3.2 Points will be awarded as follows for each event (track, field and tug-o-war):

1st	10 points	2nd	8 points	3rd	6 points
4th	4 points	5th	2 points	6th	1 point

4.0 Volunteers

4.1 Volunteers are required for officials, judges and timekeepers. Parents, officers and other adults are welcomed to volunteer. If you are able to help then please contact the Group Field Officer, Brendan Fox (field.nsw@airleague.com).

4.2 **It is required that each squadron competing provide least one (1) official. Squadrons that do not provide an official shall be deemed non-competitive.**

5.0 Judging

5.1 All competitors must respect the decisions of the judges or officials nominated for each event.

5.2 Please remember this is a fun carnival, and trivial disputes and objections are not welcome. If you do have a bona fide complaint, objection or appeal, only the nominated team captains may do so, and this must be given to the chief judge **ONLY**. All appeals must be lodged **BEFORE** final placing for the day is given.

5.3 **The Chief Judge's decision is FINAL.**

6.0 Miscellaneous

6.1 **Spikes.** Spikes may be worn on the day but **ARE NOT** to be worn between events. IE they must be put on at the start of an event/heat and taken off at the end before leaving the track.

6.2 **Events Subject to Change.** Due to circumstances as they arise on the day, or due to the number of competitors or lack thereof for an event, the order of events and the number of entries allowed per squadron for an event are subject to change. Events may be cancelled where necessary due to time constraints or lack of competitors.

6.3 **Enquiries.** If you have any enquiries, or would like to volunteer your services on the day, please contact the Group Field Officer via email (Field.nsw@airleague.com.au & field.asst.nsw@airleague.com.au)

7.0 Pre-Competition Registration

7.1 Units intending to compete are asked to return the registration form below to the Group Field Off. by **0900 hours on 24th of November.**

7.2. **No registration form & member ID card = No participation in events.**



AUSTRALIAN AIR LEAGUE
New South Wales Group Athletics Carnival – 24TH NOVEMBER 2024
Intention to Compete – Return upon arrival of Event

Squadron: _____

Volunteer Details: _____

<i>Name</i>	<i>Phone Number</i>	<i>Email</i>
_____	_____	_____
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Signature: _____ **Date** _____



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New South Wales Group Athletics Carnival

PROGRAM

Track and Field Events will be held simultaneously. Competitors are expected to be on time for events.

Event	Age Group	Event Type	45	10 - 11 Years - Male	400 Meters
			46	10 - 11 Years - Female	400 Meters
Track Events (see section 2.1 for rules)					
Event	Age Group	Event Type	Event	Age Group	Event Type
1	8 Years - Male	50 Meters			
2	8 Years - Female	50 Meters			
3	9 Years - Male	50 Meters	47	12 - 13 Years - Male	400 Meters
4	9 Years - Female	50 Meters	48	12 - 13 Years - Female	400 Meters
5	10 Years - Male	50 Meters	49	14 - 15 Years - Male	400 Meters
6	10 Years - Female	50 Meters	50	14 - 15 Years - Female	400 Meters
7	11 Years - Male	100 Meters	51	16 Years + - Male	400 Meters
8	11 Years - Female	100 Meters	52	16 Years + - Female	400 Meters
9	12 Years - Male	100 Meters	53	8 - 9 Years - Male	800 Meters
10	12 Years - Female	100 Meters	54	8 - 9 Years - Female	800 Meters
11	13 Years - Male	100 Meters	55	10 - 11 Years - Male	800 Meters
12	13 Years - Female	100 Meters	56	10 - 11 Years - Female	800 Meters
13	14 Years - Male	100 Meters	57	12 - 13 Years - Male	800 Meters
14	14 Years - Female	100 Meters	58	12 - 13 Years - Female	800 Meters
15	15 Years - Male	100 Meters	59	14 - 15 Years - Male	800 Meters
16	15 Years - Female	100 Meters	60	14 - 15 Years - Female	800 Meters
17	16 Years - Male	100 Meters	61	16 Years + - Male	800 Meters
18	16 Years - Female	100 Meters	62	16 Years + - Female	800 Meters
19	Open - Male	100 Meters			
20	Open - Female	100 Meters			
21	45+ Years - Male	100 Meters	Long Jump (see section 2.2.1 for rules)		
22	45+ Years - Female	100 Meters	63	16 Years + - Male	Long Jump
23	8 Years - Male	200 Meters	64	16 Years + - Female	Long Jump
24	8 Years - Female	200 Meters	65	12 - 15 Years - Male	Long Jump
25	9 Years - Male	200 Meters	66	12 - 15 Years - Female	Long Jump
26	9 Years - Female	200 Meters	67	8 - 11 Years - Male	Long Jump
27	10 Years - Male	200 Meters	68	8 - 11 Years - Female	Long Jump
28	10 Years - Female	200 Meters			
29	11 Years - Male	200 Meters	Tug-O-War (see 2.3.1 for rules)		
30	11 Years - Female	200 Meters	69	Tug-O-War	
31	12 Years - Male	200 Meters	70	Tug-O-War Parents	
32	12 Years - Female	200 Meters			
33	13 Years - Male	200 Meters	Relays (see 2.1.3 for rules)		
34	13 Years - Female	200 Meters	71	8 - 11 Years - Male	4 x 100 Meters
35	14 Years - Male	200 Meters	72	8 - 11 Years - Female	4 x 100 Meters
36	14 Years - Female	200 Meters	73	12 - 15 Years - Male	4 x 100 Meters
37	15 Years - Male	200 Meters	74	12 - 15 Years - Female	4 x 100 Meters
38	15 Years - Female	200 Meters	75	16 Years + - Male	4 x 100 Meters
39	16 Years - Male	200 Meters	76	16 Years + - Female	4 x 100 Meters
40	16 Years - Female	200 Meters			
41	Open - Male	200 Meters			
42	Open - Female	200 Meters			
43	8 - 9 Years - Male	400 Meters			
44	8 - 9 Years - Female	400 Meters			

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APPENDIX A



Legend:



Squadron Marquee setup areas



Group Medical tent



Carpark



Male Toilets



Female Toilets

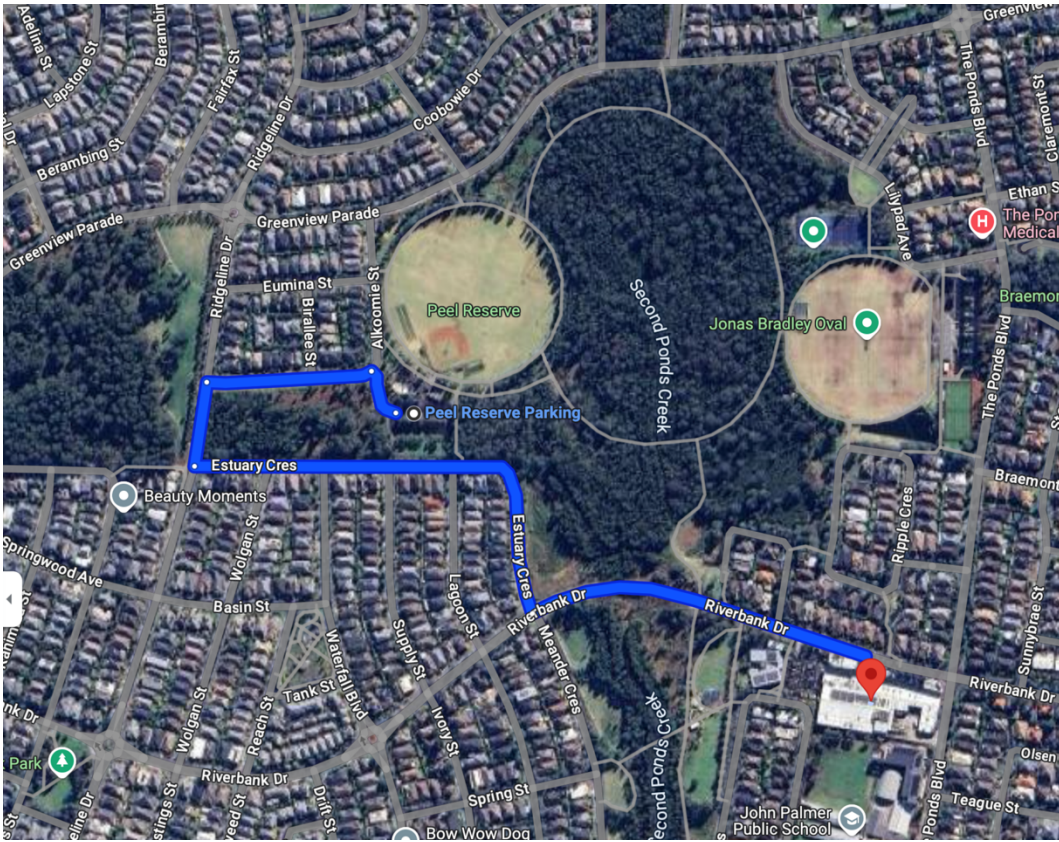


Athletics Track


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APPENDIX B



Directions to The Ponds Shopping Centre.



Directions to Rouse Hill Town Centre.

